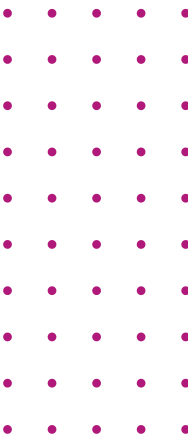




FACTS
About Fertility

IRRMA

Institute of
Restorative
Reproductive
Medicine of
America



REVITALIZING

Women's Healthcare *Together*

A Restorative Reproductive Medicine Conference

September 29-30, 2023

Connect with colleagues around the world!



This in-person, two-day event will include keynotes from leading experts on reproductive medicine, case studies, and the opportunity to earn up to **9.00 AAFP-Approved CME credits!**

Contact Us

✉ FACTS@IIRRMA.ORG

🌐 [www.factsaboutfertility.org/
revitalizing-womens-health/](http://www.factsaboutfertility.org/revitalizing-womens-health/)

📍 Minneapolis, MN



DETAILS FOR ATTENDEES

JOIN US IN-PERSON:

Embassy Suites by Hilton

Minneapolis Airport
7901 34th Avenue South
Bloomington, MN 55425

[Book Your Room Online*](#)

OR

Call: +1 952-854-1000

Group Code: CES916

Quote the "2023 FACTS-IRRMA Conference"

**Book by: September 7, 2023*



KEYNOTE SESSIONS

Presentations on migraines and the menstrual cycle, updates on low-dose naltrexone (LDN) use, immunological considerations, the latest in FemTech, and RRM through an integrative medicine lens.



RESEARCH BREAKOUTS

Identify research gaps in RRM, plan next steps and connect with a dynamic field of medical professionals.



CASE STUDIES

Build your clinical toolbox and learn from expert speakers presenting real-life cases covering topics including fertility, menstrual disorders, endometritis, and more.



www.factsaboutfertility.org/revitalizing-womens-health



FEATURED SPEAKERS & PRESENTERS

Friday, September 29th, 2023



FRIDAY, 9/29

Lauren Rubal, MD

Restorative Reproductive Medicine
through an Integrative Medicine Lens

Gregory A. Plotnikoff, MD, MTS, FACP

Role of Vitamins A & D in Optimizing Sex
Hormone Function, Pregnancy, and
Breastfeeding

Phil Boyle, MD

DHEA in Pregnancy: A Case Study

1:00 pm - 5:00 pm

Be sure to arrive early to check in, stay for a
series of engaging presentations and case
studies, and join us for an evening reception!

Teresa Kenney, APRN-NP

Migraine Headaches and the
Menstrual Cycle

**Robert Chasuk, MD &
Kathleen Copeland, ACRP-PM, MSPH**

REMEDY: REstorative Medicine Evidence –
Do it Yourself Series:
How to Prepare a
Case Study for Publication



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FEATURED SPEAKERS & PRESENTERS

Saturday, September 30th, 2023



Phil Boyle, MD

Low-dose Naltrexone (LDN) and
Reproductive Medicine



April Lind, MD, IFMCP

Exploring the Relationship of
Neuroendocrine and Autoimmune
Systems in Restoring Reproductive Health



Lauren Rubal, MD

Chronic Endometritis: A Case Study

Amy Fisher, DO, OB/GYN

Heavy Menstrual Bleeding in Adolescents



Theresa M. Stujenske, PhD, RN

Menstrual Cycle Tracking Technologies



9:00 am - 5:00 pm

Be sure to stop by the exhibitor booths
to learn more about the future of
fertility awareness and RRM!

Elizabeth Nordin, MD, OB/GYN

A Complex Case of Endometriosis and
Other Medical Comorbidities and
Multimodal Treatment



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ABSTRACT PRESENTATIONS: NEW RESEARCH

Hear experts in the field present their findings on everything from fasting to fallopian tube surgery, plus more on infertility.

FRIDAY, SEPTEMBER 29th

Melissa Perez Capotosto, PhD, RN, WHNP-BC
Connell School of Nursing, Boston,
Massachusetts.

Associations of Infertility with Symptoms of
Pregnancy-related Anxiety and Depression during
Pregnancy and 6-months Postpartum
in Project Viva

**William Nolan, MD. UPMC of Central
Pennsylvania.**

Fasting Based on Menstrual Cycle Phase: Review
of Literature, Physiologic Plausibility and Clinical
Application

SATURDAY, SEPTEMBER 30th

**Gisela Valer-Chavez, Ob/Gyn. Fertility
specialist. Naprotechnology MC / FCP.
Naprotecnología y Fertilidad Natural Perú.**
Recurrent Pregnancy Loss in a Woman with
Turner Syndrome and Triple X Mosaicism: A
Case Report

**William Nolan, MD. UPMC of Central
Pennsylvania.**

Fallopian Tube Evaluation and Surgery
for Infertility



FEATURED
RESEARCH





LEARN
+ EARN



Learn & Earn up to 9.00 AAFP-Approved CME credits!



The AAFP has reviewed Revitalizing Women's Healthcare Together and deemed it acceptable for up to 9.00 Live AAFP Prescribed credits.

Term of Approval is from 09/29/2023 to 09/30/2023.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Questions? Contact Us:

✉ FACTS@IIRRMA.ORG

🌐 www.factsaboutfertility.org/revitalizing-womens-health/

